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ABSTRACT OF THE DISCLOSURE

Method and system for gathering, storing personal information on a server computer and releasing such information to authorized requesters. Several types of information are stored for release to different entities with appropriate authorization. Any modifications or updates are automatically notified to any authorized requesters. The requester optionally provides information about to whom and where to notify changes or updates. Such change or update notification is made by sending a notification to an electronic manbox. A frequent unauthorized requester of information is tagged as "junk" requester, to whom no further information will be released.